

June 2026



Volume 2 Issue 1

# HEROES

## of Skilled Nursing



MOMENTS *in* BLOOM

NATIONAL SKILLED NURSING CARE WEEK® • MAY 10-16, 2026



# ABOUT THE COALITION

The Kentucky Coalition for Aging Resources and Empowerment (KCARE) represents skilled nursing facilities, assisted living communities, and personal care homes across the Commonwealth.

The Coalition is committed to elevating Kentucky's senior care providers through advocacy, education, and promotion of Kentucky caregivers.

# MEET THE STAFF

- **Adam Mather**, President
- **Lisa Biddle-Puffer**, Vice President of Quality and Regulatory Affairs
- **Jeremy Bischoff**, Vice President of Reimbursement
- **Rebecca Pfalzgraf**, Vice President of Assisted Living
- **Angela Porter**, Vice President of Education and Member Services
- **Morgan Jemtrud**, Director of Communications
- **Jessica Martin**, Membership, Vendor, and Event Coordinator
- **Karen Bass**, Controller
- **Sharon Netherton**, Staff Accountant
- **Hannah Woempner**, Administrative Assistant



# KCARE

## GET CONNECTED

Stay in touch with the Coalition for all the latest news about long-term care and assisted living in Kentucky! From newsletters to social media, KCARE is consistently sharing stories, news, and photos for care providers across the state. Don't miss out on the latest — connect with the Coalition today!

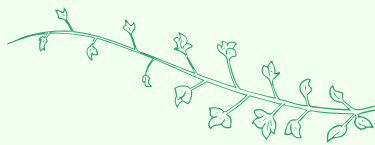


Scan this QR code to connect on Facebook, LinkedIn, Instagram, and YouTube and to access the Association's website!

# WHAT'S INSIDE



Barbourville Health and Rehabilitation Center.....	page 9	Jefferson Manor .....	page 12
Barren County Nursing and Rehabilitation .....	page 4	Knott County Health and Rehabilitation Center .....	page 11
Bourbon Heights .....	page 6	Maple Grove Senior Living .....	page 14
Bradford Heights Nursing and Rehabilitation .....	page 4	Morganfield Nursing and Rehabilitation .....	page 5
Corbin Health and Rehabilitation Center .....	page 9	Nazareth Home Clifton .....	page 7
Cumberland Nursing and Rehabilitation .....	page 5	Riverview Health Care .....	page 12
Elkhorn Health and Rehabilitation .....	page 6	Rosedale Green .....	page 8
Emerald Trace .....	page 8	Signature Healthcare at North Hardin .....	page 13
Harlan Health and Rehabilitation Center .....	page 10	Signature Healthcare at Summerfield .....	page 13
Hillcrest Health and Rehabilitation Center ..	page 10	Telford Terrace .....	page 7
Hyden Health and Rehabilitation Center .....	page 10	Williamsburg Health and Rehabilitation Center .....	page 11
		Wurtland Nursing and Rehabilitation .....	page 14



# ABOUT THIS EDITION

Established by the American Health Care Association in 1967, National Skilled Nursing Care Week (NSNCW) is an opportunity for residents, families, staff, volunteers, and the local community to celebrate the individuals who live and work in skilled nursing and to learn more about this sector of care.

In 2026, the theme of National Skilled Nursing Care Week was “Moments in Bloom.” According to AHCA, this theme reflects how everyday acts of compassion, connection, and teamwork grow into meaningful experiences for residents, families, and staff. It celebrates the idea that big and small moments, when nurtured, can flourish to help residents live life to the fullest and with purpose.

This edition features Kentucky’s skilled nursing facilities and showcases the ways they celebrated NSNCW in 2026.



**MOMENTS *in* BLOOM**

NATIONAL SKILLED NURSING CARE WEEK® • MAY 10-16, 2026



# BARREN COUNTY NURSING AND REHABILITATION

Residents and staff kicked off NSNCW with Pajama Day and the grand opening of the "Groovy Grove," a peaceful garden space for all to enjoy. Favorite Hat Day brought lots of smiles and a charming Tea Party. On Favorite Decade Day, residents and staff competed in lively games of Decade Trivia and Singo. During "Barren in Bloom," staff dressed in different colors to represent the importance of every department and the unity that comes from working together. Finally, residents and staff created tie-dye t-shirts together on Tie Dye day — the perfect ending to a groovy week full of fun, creativity, laughter, and meaningful memories.



# BRADFORD HEIGHTS NURSING AND REHABILITATION

This year, the staff and residents at Bradford Heights focused on things that they could all do together to celebrate. Highlights included a paint and pot, color war, spring baking competition, parade, and a bloom fest!

This National Skilled Nursing Care Week, the goal was for all staff to remember their "why" — and it was a success!



# CUMBERLAND NURSING AND REHABILITATION

Residents and staff had a wonderful time celebrating National Skilled Nursing Care Week at Cumberland Nursing & Rehabilitation! Everyone enjoyed a week full of fun games, laughter, great food, and special memories together. Thank you to everyone who helped make the week so special for the residents and team!



# MORGANFIELD NURSING AND REHABILITATION

Morganfield Nursing and Rehabilitation celebrated National Skilled Nursing Care Week with a week full of themed events. Every day's theme was designed to involve residents and staff with dress up day attire, food trucks, and games, including special cookouts for everyone. The week ended with a foam party and an ice cream truck.



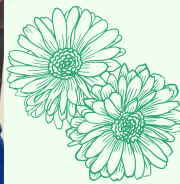
# BOURBON HEIGHTS

Residents and staff enjoyed a wonderful week! It included a floral bar on Monday, memorial service on Tuesday, yoga and floral teas on Wednesday, and a floral bookmark craft Thursday followed by a cookout and family night with a petting zoo. On Friday, the week concluded with a fun game of SINGO BINGO and the Bourbon Heights staff and resident awards.



# ELKHORN HEALTH AND REHABILITATION

National Skilled Nursing Care Week took staff and residents on the Elkhorn Grandeur Cruise, beginning with a grand Tea Party for Mom on Sunday. The cruise traveled to Hawaii on Monday, Jamaica on Tuesday, Mexico on Wednesday, the Netherlands on Thursday, and the Apple Blossom Festival with the city mayor before dinner in Italy on Friday. Saturday, the Elkhorn team relaxed on the porch to enjoy some watermelon after a busy week!



## NAZARETH HOME CLIFTON

In keeping with the “Moments In Bloom” theme, residents and staff painted flowerpots and planted flowers together to brighten and beautify the courtyard at Nazareth Home Clifton, creating a bright and beautiful space to enjoy the warm weather!



## TELFORD TERRACE

Telford Terrace joyfully embraced the theme “Moments in Bloom” with a week full of meaningful and creative experiences for residents. Staff created a beautiful backdrop where residents could take and keep Polaroid pictures to capture special memories. Residents enjoyed a succulent planting bar, selecting their own succulents for hand-crafted pots they made on the pottery wheel, and the University of Kentucky Horticulture Department visited to teach residents how to create beautiful flower arrangements. Additional activities included visits from baby bunnies, pressed flower bookmark making, and flower crown crafting. The week ended with an incredible balloon artist who entertained residents while creating custom balloon flowers and animals for everyone to enjoy.



## EMERALD TRACE

Emerald Trace began the celebration with a Mother's Day brunch and a "Queen's photobooth." Keeping with the "blooming" theme, residents and staff painted flowerpots, held a "flower market" and made flower arrangements, created mosaics that were pieced together as a puzzle, had a tea party, painted rocks, tie dyed items, and celebrated the hard work and dedication of staff with a salad bar, mac & cheese bar with blooming onions, coffee truck, watermelon eating contest, lemonade stand, dirty soda bar, and annual cookout.



## ROSEDALE GREEN

After National Nurses Week and Mother's Day, Rosedale Green held its second annual inflatable costumed kickball game with staff participants and residents and families as spectators. A Kona ice truck visited and gave residents and staff fruit smoothies, and residents had the opportunity to play with team members "how well do we trust our residents" at which residents were given pool noodles and asked to knock solo cups off of the heads of team members. Residents enjoyed "glam" makeovers and a photo booth, a blooming "hydration station," and Moments in Bloom staff awards that were voted and awarded to team members by residents, families, and fellow coworkers!



# BARBOURVILLE HEALTH AND REHABILITATION CENTER

At Barbourville Health and Rehabilitation Center, staff and residents celebrated Moments in Bloom with gardening, fishing, a bloom bar, an antique car show, making bird houses, and connecting with each other and our community.



# CORBIN HEALTH AND REHABILITATION CENTER

The staff at Corbin Health and Rehabilitation Center spent the week showing their residents how they can be funny, kind, young at heart, and courageous in their ages during National Skilled Nursing Care Week. The Corbin Crew came together to make the week happen!



## HARLAN HEALTH AND REHABILITATION CENTER

The Harlan team spent most days outdoors, enjoying a variety of arts and crafts, games, outings, delicious foods, and music, as well as visits with fun characters and friends.



## HILLCREST HEALTH AND REHABILITATION CENTER

Hillcrest celebrated with a week long luau, complete with traditional Hawaiian foods, homemade floral arrangements, and leis. The team planted a garden and made erupting volcanoes, suncatchers, and tote bags. The week included enjoying tropical drinks, learning to chair hula, and singing Hawaiian songs. It was a fun week full of great memories!



## HYDEN HEALTH AND REHABILITATION CENTER

The Hyden team celebrated NSNCW by transforming the dining area into a beautiful blooming garden filled with flowers, laughter, and meaningful memories. Throughout the week, activities centered around sharing life's special "Moments in Bloom" — the memories, milestones, and experiences that shaped each resident and staff member into who they are today. One of the biggest highlights was breaking beans together, which quickly became the best conversation starter of the week.



# KNOTT COUNTY HEALTH AND REHABILITATION CENTER

At Knott County, there was a new theme each day. Staff and residents began celebrating on Sunday with a special Mother's Day Recognition. The rest of the week brought Mario Brothers, '50s Day, Gospel Day, Aloha Day and finished the week out with '80s day. It was a week of great food, entertainment, and games under the big top outside!



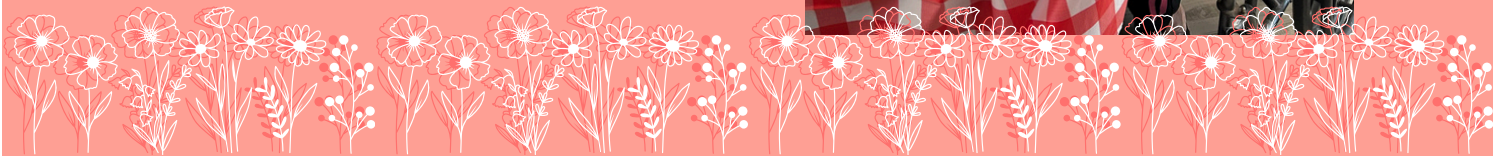
# WILLIAMSBURG HEALTH AND REHABILITATION CENTER

To celebrate National Skilled Nursing Care Week, Williamsburg Health and Rehabilitation Center hosted a senior prom for residents. "Seniors in Bloom" brought the community together for a classy afternoon, complete with outfits fit for royalty!



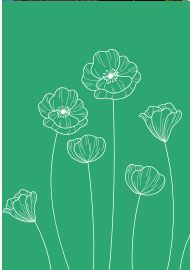
# JEFFERSON MANOR

Jefferson Manor celebrated National Skilled Nursing Care Week with teamwork, fun, and meaningful moments. Staff and residents enjoyed a scavenger hunt where everyone worked together and built connections. We also planted flowers together as a reminder that, just like the flowers, we continue to grow and support one another in everyday life. We ended the week by coming together over good food and celebrating the strong community we share at Jefferson Manor.



# RIVERVIEW HEALTH CARE

Riverview celebrated Nursing Home Week with different themes and food every day. Monday was Casino Day, Tuesday was Wild West Day, Wednesday was Luau Day, Thursday's theme was Welcome to the Carnival, and Friday was Rock 'n Roll Day! Everyone had a blast dressing up, playing games, winning prizes, and eating delicious food all week long!



## SIGNATURE HEALTHCARE AT NORTH HARDIN

The North Hardin team traveled to a new decade each day of National Skilled Nursing Care Week! From classic memories to fun throwbacks, staff and residents enjoyed snacks, games, laughter, and special time together every day. Everyone's favorite celebration by far was '80s Day, featuring a glow-in-the-dark rave and bingo that had everyone smiling, dancing, and glowing with fun! It was a week full of joy, memories, and togetherness for all.



## SIGNATURE HEALTHCARE AT SUMMERFIELD

National Skilled Nursing Care Week was celebrated in big ways at Signature at Summerfield, from Decades Day to Western Day, staff and elders enjoyed dressing up, games, fun, karaoke, cooking, and just an all-around great time.



# MAPLE GROVE SENIOR LIVING

Each day was something different and fun at Maple Grove! Staff and residents bloomed in the moments together. On Friday, everyone enjoyed dancing, playing, and smiling at a foam party!



# WURLTLAND NURSING AND REHABILITATION

The Wurltland team celebrated National Skilled Nursing Care Week with gifts, food, and lots of activities with the residents and the care team members!



# MARK YOUR CALENDARS!

Join KCARE in Louisville for the 2026 Annual Meeting and Expo, November 17–19!

This year, the theme of the conference is “Spotlight on Excellence,” illuminating ways to improve quality care across the Commonwealth and celebrating the stars of long-term care.

Attend the premiere of *People Worth Caring About: Kentucky* on Wednesday, November 18, and celebrate some of the state’s most outstanding staff at the Quality Awards Banquet on November 19!



## THANK YOU TO OUR 2026 ELITE VENDOR MEMBERS



# STAFF DIRECTORY



**ADAM MATHER,**  
MHA, LNHA, RN  
President

adam@kcare.org  
502-630-3813



**LISA BIDDLE-PUFFER,**  
LNHA

Vice President of Quality  
and Regulatory Affairs

lisa@kcare.org  
502-630-3814



**JEREMY BISCHOFF,**  
LNHA

Vice President of  
Reimbursement

jeremy@kcare.org  
502-630-3803



**REBECCA PFALZGRAF**

Vice President of Assisted  
Living

rebecca@kcare.org  
502-630-3812



**ANGELA PORTER**  
Vice President of Education  
and Member Services

angela@kcare.org  
502-630-3806



**MORGAN JEMTRUD**

Director of  
Communications

morgan@kcare.org  
502-630-3808



**JESSICA MARTIN**

Membership and  
Communications  
Coordinator

jessica@kcare.org  
502-630-3807



**KAREN BASS**  
Controller

karen@kcare.org  
502-630-3805



**SHARON NETHERTON**  
Staff Accountant

sharon@kcare.org  
502-630-3802



**HANNAH WOEMPNER**  
Administrative Assistant

hannah@kcare.org  
502-425-5000